LiveOutLoud
God focused

MONTHLY NEWSLETTER ~ OUT OF THE BOX MINISTRIES
MARCH 2019 ~ VOLUME 3

LIVING A LIFE OUT LOUD…

WELCOME *to our monthly newsletter. We are a* relatable and transformational ministry focused on growth, healing and wholeness in women's spiritual, mental and physical lives. 360° LIVING! Helping women to find inner strength, freedom and releasing their unique gifts!

By: *Sherri Weeks*

WOW! What a great Women of Worth Conference we had this year. It was amazing seeing God move in the hearts and lives of the women who attended. God wants to remind us of how much we are loved and valued. We were created to love and be loved by Him. As we enter into a relationship with God, He is faithful to reveal His truths and revelations to us. As we spend time with Him we grow closer to Him and learn how to walk with love and grace in our daily lives.

"Seek the Lord your God and you will find him, if you seek him with all your heart and all your soul." Deuteronomy 4:29

I am looking forward to all that God has for each of us in this upcoming season. I pray that God will continue to reveal himself to you and you will continue to grow in His love. Keep God fused and moving forward! You are loved! ~Sherri

If the Son sets you free, you are free indeed! (There is freedom in Christ) John 8:36

Upcoming Events

- **Healing Art**
  June 29, 2019
  Location and Time: TBD
- **Prayer through Art**
  July 27, 2019
  Location and Time: TBD
- **WOW!**
  Weekend Of Worship
  August 24, 2019
  Location and Time: TBD
- **WOW!**
  Women Of Worth
  March 21, 2020
  Location and Time: TBD

The Folds Of Grace

Excerpt taken from Grace On Fire… " Within the folds of His love we find grace – grace to cover and carry us."

Lying bare and open on the branch, he quietly moves underneath to begin his journey. Within the grace God has given he finds what he needs to spin and turn forming a dense white cocoon. The incubation process has begun and a deep sleep falls upon him as he is enveloped within the denseness of his existence. The quiet is deafening, as he lay lifeless among the vastness of his environment. The light trickles in between the folds of thinly woven strands. He is folded up in protection while changing into his new form. The time has come for his new life to begin. There is life; there is movement beneath the white cocoon. One piercing blow brings forth new life.

A wing appears and then… The cocoon opens up to reveal the beauty that has transformed within the walls of security. He waits; He adjusts and flies!

I think we all have been there, when strongholds and hurts get the best of us. I know I have wanted to climb in my own cocoon and start again many times.
We just have to remember that God is turning us into a beautiful butterfly. So spread your wings and take flight and don't look back! FLY and be FREE!

The process of maturing in our faith takes time.

It is in the abandonment of our strength and our will that we can find a place of complete trust in His care!

Prayer

"If you believe, you will receive whatever you ask for in prayer." Mathew 21:22

What a blessing it is to prayer for you! We will have a monthly prayer list where we will list public prayer request with first names only, anonymous or however you would like them listed.
Please contact us through our contact page on the website to submit your request.
For those who wish not to publish their request, we will be praying as a ministry team for You.
We are always here for you! Sisters having each other's back is our goal. We should always walk in unity and love.

Here are a few recent request:

- Financial Breakthrough ~Ministry Partner
- Increased job opportunities ~M.W.
- Freedom from anxiety & Depression ~Anonymous

Donations

We love doing what we do and we would do all of it for free if possible. In reality, it is from the donations, sales and offerings that help this ministry continue moving forward. Thank you so much to those who have already purchased or given so lovingly.

There is always a monthly need to pay bills etc. If you would like to donate, please click the button below and know that we appreciate every gift!

PayPal™ Donate Now

VISA MasterCard DISCOVER AMERICAN EXPRESS

Want to Volunteer or be a part of our team?
Contact Sherri at
sherri@sherriweeks.net

Unpacking the Word

I am naturally skilled at creating chaos out of chaos. This is a bit embarrassing to admit, but *we're among friends here, right?* When my house is in a state of disarray, my first inclination is to feel overwhelmed. Which leads to procrastination. Which leads to me feeling paralyzed. Which leads to me feeling panicky. All of which causes more chaos. Maybe you can relate. (If not, just smile and nod — we can still be friends.) Perhaps you've looked through the Proverbs 31 passage for insights regarding how to properly care for your household. Maybe you felt a bit defeated because, if you're like me, some days simply getting the dishes done with a happy heart feels like a praiseworthy achievement.

How could any of us be expected to exemplify the skills of such an accomplished woman? When I first started learning to take care of my own household, I developed the habit of leaving dirty dishes, laundry and garbage out each night so I could tackle it all later, during our designated "marathon weekend chore time." Doing it all *later* seemed like a reasonable plan at the time. After all, we were busy on weeknights. On Saturday, we would wake up to so many crusted-on dishes covering the kitchen that we had to pitch in as a family. We would relocate those piles to the dining room table, which freed up just enough space in the sink to start washing them. Of course, a full sink, dishes on every surface, and overflowing garbage cans and laundry hampers often necessitated a full day or two of family effort. This in turn would lead to quick trips to the fast food drive-through for burgers and fries so we could have enough time to do the laundry. Once the mountain of clothes was finally washed, we were always too exhausted to put it all away.

The 20 minutes we routinely spent each morning digging through our clean laundry pile (while muttering under our breath about being late for work, again) resulted in frustration and the near impossibility of locating even one set of matching socks. Eventually, it became painfully clear that my Saturday housecleaning schedule just wasn't working for us. Those deferred daily tasks were actually multiplying our stress levels, which then inadvertently caused a pileup of even more undesirable circumstances and attitudes that didn't serve my family or me well. Lesson learned.

Today's key verse, Proverbs 31:27, doesn't offer an ideal housekeeping plan that we should all follow, so rest assured, you're free to care for your home in any way and on any day that works well for you. Gratefully, it's also not suggesting a checklist of qualities or accomplishments we must possess before we're appointed as official keepers of our home. It's a learning process. Honestly, my kids are now grown, and I'm still learning better ways to avoid housekeeping havoc! But the verse does illustrate the key mindset and resulting actions of a woman who is diligent in caring for the well-being of her home, family and beyond:

"She watches over the affairs of her household and does not eat the bread of idleness." (Proverbs 31:27)

I have come to realize it is a privilege to learn to serve the Lord well as the gatekeeper of my home. That mindset has helped me transform how I view my daily responsibilities. What we bring across our threshold and the choices we make in our home matter to the well-being of those inside. Our dwellings — both our home and body — are intricately connected. Each one impacts the other. The diligence we demonstrate in learning, growing in purpose and making wise decisions for our day will create healthy ripple effects through our home, family, community and generations to come.

Lord, I pray for Your guidance and wisdom to create a home where You will be glorified through my daily actions, mindsets and decisions. In Jesus' Name, Amen.

~ Melissa Michaels (Proverbs 31 Ministries)

"She watches over the affairs of her household and does not eat the bread of idleness." Prov. 31:21

Inspired Funny Bone

Laughter is good medicine. It not only helps emotionally but physically, mentally and spiritually as well. Let's improve our lives by some good laughter…. If you have any good ones (funny or inspirational) feel free to contact us and share!

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Out of the Box Ministries

www.sherriweeks.net
info@sherriweeks.net
832-922-7297

Sherri Weeks
Ministry Lead