



Live Out Loud

God focused

MONTHLY NEWSLETTER ~ OUT OF THE BOX MINISTRIES
JULY 2019 ~ VOLUME 2

LIVING A LIFE OUT LOUD...

WELCOME to our monthly newsletter. We are a relatable and transformational ministry focused on growth, healing and wholeness in women's spiritual, mental and physical lives. 360° LIVING! Helping women to find inner strength, freedom and releasing their unique gifts!

By: Sherri Weeks

Hello awesome women! I know it has been a while since our last newsletter. I am so excited about what God is doing in this next season of life. I love how we can do life together! I treasure each of you so dearly.

As some of you know, we are expecting our first grandchild! I can't believe I just said that out loud, I am not that old! Just sayin... My son and daughter in-law have been stationed in Hawaii for over 3 years. They are finally headed to Oklahoma! The baby will arrive in November; they will all fly into Houston December and leave for Oklahoma in January. We will be helping them move, get settled in and help them as they navigate their new roles as parents. (as

will her parents) Our lives will be extremely busy therefore we will not have a full WOW Conference in March this coming year. Instead we will be offering a Webinar/Podcast with special guests for a nominal cost. You may listen and participate at your own pace. We will continue the conferences in 2021, as God leads. Thank you for always supporting this ministry. Your prayers and love offerings have blessed many!

Check out our upcoming events and check the website for monthly updates as we are adding some exciting events coming soon! (pre-baby of course) *Enjoy the rest of your summer.*

You are loved!

~Sherri

*MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE AS YOU
TRUST HIM. SO THAT YOU MAY OVERFLOW WITH HOPE BY THE POWER
OF THE HOLY SPIRIT. ROMANS 15:13*

Upcoming Events

- **Healing Art - FREE**

June 29, 2019

2-4pm Cypress

*Sign Up Online

- **Awakening the Diamonds
Women's Network and
Gathering**

FREE - August 1, 2019

7-9pm Cypress

*Email for more info.

- **Painting Through Prayer**

July 27, 2019

2-4pm Cypress

*Sign Up Online

\$45 – supplies included

Do You Want To Be Well?

By: Dawn Rieke
New Team Member

In our world today, we have many places to go to be made well. We have every type of doctor to treat whatever problem surfaces in our physical body, therapists for our emotional well-being, nutritionists, and even coaches that we pay to help us on our life journey. In the book of John Chapter 5, Jesus had an encounter with a man at the pool of Bethesda, a pool where the sick and disabled would go. When the water was stirred, people could enter into this pool and be healed. When Jesus arrived at this pool, He saw a man who had been crippled for a very long time. Jesus approached the man and his first words to the man were, "Do you want to be well?" Seemed like a strange question to ask a crippled

man, of course he wanted to be well, right? I find that Jesus has asked me the same question many times in my own life. I get stuck in negative thought patterns, and at times I fall into repeating the same unsound behaviors. Undoubtedly, I want to be well, so why am I in this place? Many of us are sick and in bondage due to sin or unforgiveness. We, much like the man at the pool of Bethesda, sit right by the edge of God's pool of restoration, freedom and healing. We may wait for others to even notice that we are not well, hoping they have something that can help us. But Jesus is

just waiting. He is waiting for us to come to the full understanding of the finished work of the cross. The next command Jesus gives the man is to get up. Once we decide we are tired of living in this same place, we have to decide to get up and do something about it. We are the chosen, redeemed people of the Lord. We have to get up and decide who we are in Him, we need to re-claim our God-given identity. We are His bride and the righteousness of God in Christ Jesus. We allow Jesus' redeeming graces to wash over us completely, as He beautifully restores us to live and walk in the freedom of who we really are, not some incorrect

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Once this man at the pool of Bethesda got up, He was healed. We too can get to the place of total freedom like this man. It is our choice; we can be well. We do not need to embrace the lie that this is how it will always be. Jesus paid too high of a price for His children to allow us to live lives that are less-than what He destined for us. He loves you so much, that His desire is for you to be made completely whole. Get up, He is waiting with open arms to forgive and restore you and to give you the freedom to walk in your God-given destiny.

Prayer

"If you believe, you will receive whatever you ask for in prayer." Mathew 21:22

What a blessing it is to prayer for you! We will have a monthly prayer list where we will list public prayer request with first names only, anonymous or however you would like them listed.

Please contact us through our contact page on the website to submit your request.

For those who wish not to publish their request, we will be praying as a ministry team for

You.

We are always here for you! Sisters having each other's back is our goal. We should always walk in unity and love.

Here are a few recent request:

- Family Restoration ~Anonymous
- Pay Increase at Job ~JW
- Personal Breakthrough ~Anonymous

Donations

We love doing what we do and we would do all of it for free if possible. In reality, it is from the donations, sales and offerings that help this ministry continue moving forward.

Thank you so much to those who have already purchased or given so lovingly.

There is always a monthly need to pay bills etc. If you would like to donate, please click the button below and know that we appreciate every gift!



Unpacking the Word

Psalm 27:14

7 God, hear my cry. Show me your grace.
Show me mercy, and send the help I need!

8 Lord, when you said to me, "Seek my face," my inner being responded,
"I'm seeking your face with all my heart."

9 So don't hide yourself, Lord, when I come to find you. You're the God of my salvation; how can you reject your servant in anger? You've been my only hope, so don't forsake me now when I need you!

10 My father and mother abandoned me. I'm like an orphan! But you took me in and made me yours.

11 Now teach me all about your ways and tell me what to do. Make it clear for me to understand, for I am surrounded by waiting enemies.

12 Don't let them defeat me, Lord. You can't let me fall into their clutches! They keep accusing me of things I've never done while they plot evil against me.

13 Yet I totally trust you to rescue me one more time, so that I can see once again how good you are while I'm still alive!

14 Here's what I've learned through it all: Don't give up; don't be impatient; be entwined as one with the Lord. Be brave and courageous, and never lose hope. Yes, keep on waiting—for he will never disappoint you!

As I ponder this chapter of Psalm 27 I see the fear in which David must have walked in at times. Fear can envelope us and hold us captive within its dark shadow. Each one of us has been a prisoner of fear at one time or another – fear of rejection, sickness,

misunderstanding, death etc. We have to remember that God can conquer anything. The Lord is our light and our shield – He can dispel the darkness of fear. Many have experienced the losses that David talks about, abandonment of a mother, rejection of a father; etc. God is able to fill the void left by these past hurts; he is all that we need.

Around verse 7 David begins to show his fears and insecurities. He pleads for help then talks himself down with God's words... "You said" ... but then he responds to God almost as a "but I am seeking your face" ...why hasn't this happened for me yet, why haven't I seen breakthrough etc...

Once again he says..."So why are you hiding, my mom left me too!" But, as though he was kicking the dirt and sighing...he says "well, but you did take me in..."

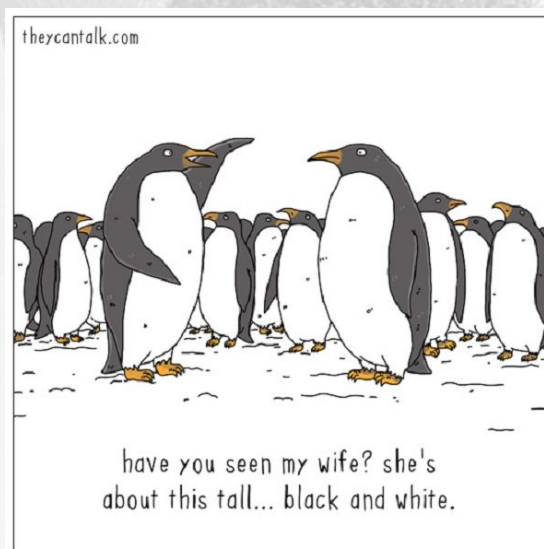
David then goes on to say "teach me, help me understand but in the same breath always seems to plead but don't let them...." There is an underlying insecurity within his faith.

*Have you ever been there? Do you quote the Word boldly and in the same breath question and doubt..."Will this really ever happen Lord?" We have all been there. David eventually gets it and so will we! Verse 14: "I have learned-don't give up or be impatient, be brave and courageous and never lose hope! He will never disappoint!"

David knew from experience what it meant to wait on the Lord. He was 16 when he was anointed to be king but did not fulfill that role until he was 30. Waiting is not easy and sometimes we may think that God is not answering our prayers or does not understand the urgency in our situation. This kind of thinking implies that we believe God is not in control. In Lamentations 3:24-26 says to hope and wait for the Lord; because often in the waiting God uses it to refresh, renew and teach us! We need to make good use of the waiting times in our lives to hear what God may be teaching us. May you find hope and encouragement in those times of waiting. You are loved!

Until next month!
Live Out Loud and Beyond the Noise!
Sherri

Funny Bone



Out of the Box Ministries

"A relatable and transformational ministry focused on growth, healing and wholeness in women's spiritual, emotional and physical lives – 360 Living!"

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